

## **Autumn Term**

- Social Skills, Relationship Building
- Working with children to build a positive and respectful culture across the school.
- Learning to work together to include everyone, challenge themselves and solve problems.

By Teaching these skills early on we build capacity of children to collaborate and take responsibility for deeper learning in PE.

Holistic Themes:

- Working Together
- Thinking of Others
- Challenging Yourself
- Problem Solving in Games

## **Spring Term**

- Developing children movements skills and ability to attack and defend in games.
- January and February focus on four skills mentioned in the national curriculum, throwing, catching, running and jumping.
- In March and April we use a variety of age-appropriate games to develop children understanding and decision making in invasion, net and wall, striking and fielding and target games.
- Throwing and Catching Skills
- Running and Jumping Skills
- Defending Skills
- Attacking Skills

## **Summer Term**

- Exploring competition, responsibility and the meaning of movement.
- Themes provide for the children broader development, enabling them to develop and discover their sports interests and their own unique relationship with movement.
- The last two months of the year we consider the role of ethics and equality in competition.
- Exploring Physical Education
- Being Part of a Team
- Competing as a Team